



eUTOPIA



CROSS-UNIVERSITY MOBILITY PROGRAMME FOR YOUNG RESEARCHERS

2nd Call

REGULATION

Preamble

The *EUTOPIA_HEALTH Cross-University Mobility Programme for Young Researchers* (hereinafter mentioned as Mobility Programme for Young Researchers), within the scope of the EUTOPIA_HEALTH project, funded by the European Union's Horizon Europe programme (grant number 101136914), aims to promote interinstitutional collaboration to advance Health-related scientific management.

NOVA University Lisbon (NOVA), as a public Higher Education Institution, is one of the Widening institutions of the EUTOPIA_HEALTH Consortium which includes the following organizations: Babeş-Bolyai University (UBB), University of Ljubljana (UL), NOVA, Vrije Universiteit Brussel (VUB), Pompeu Fabra University-Barcelona (UPF), CY Cergy Paris University (CY), Ca' Foscari University of Venice (UNIVE), University of Gothenburg (GU), University of Warwick (UW).

The Mobility Programme for Young Researchers provides short-term research opportunities for PhD students and early-career researchers (within 8 years post-PhD) affiliated with NOVA, to other universities part of the Consortium, for a period of one to five months. This Programme focuses on tackling transdisciplinary Health-related challenges and offers mentorship from leading researchers within the Consortium and research-oriented mobility collaborations, carried out under the supervision of a senior researcher or group leader from the Host Consortium member university.

Article 1

Object

The present Regulation defines the terms and rules of participation in the Mobility Programme for Young Researchers, which is organized by NOVA, through the NOVA Research Office, and supported by the EUTOPIA_HEALTH project.

Article 2

Scope

1. The objective of the Mobility Programme for Young Researchers is to provide short-term research opportunities within the Consortium.
2. The call aims to encourage the application of researchers, including PhD students and early-career researchers (within 8 years post-PhD) from NOVA, across Health-related academic disciplines and topics.
3. All applications are admitted, provided they meet the eligibility criteria described in the Call Notice and this Regulation.
4. Each applicant should, before applying, identify a collaborator from a host research lab or centre at a Consortium member university that aligns with their research interest.



5. Each applicant can only submit one application per edition of the Call, and, if funded, the grantee is no longer eligible for another mobility under this Mobility Program for Young Researchers.

Article 3

Deadlines

1. The deadline for submission of applications will run between October 1, 2025, and March 31, 2026.
2. The results of the first application evaluation period will be communicated to all applicants via email by February 20, 2026, and the results of the second application evaluation period between by May 21, 2026.

Article 4

Eligibility criteria

1. To be eligible for the Mobility Programme for Young Researchers, applications must consider the following:
 - a) The call is open to PhD students and early-career researchers (within 8 years of PhD completion) affiliated with NOVA.
 - b) Both the applicant and the Host supervisor must be registered in the EUTOPIA_HEALTH Research Map (<https://www.partneringtool.eutopia-university.eu/>).
 - c) Applicants must submit only one application per annual Call, but, in case of rejection, they can apply in future phases.
 - d) Once funded, the grantee is no longer eligible for another mobility award under this Mobility Programme for Young Researchers.
 - e) Applicants should demonstrate a track record of relevant experience according to their career stage.
 - f) Fully fill out the Application Form, which can be obtained at the EUTOPIA_HEALTH's website, and submit a single PDF file to nova.research@unl.pt with the following documents: Application Form, Letter of Acceptance for the Host Institution, and Letter of Support from the Home Institution.
 - g) The Application Form and all other documents must be completed in English.
 - h) It is the responsibility of applicants to be aware of all the call requirements and submit them before the Call's deadline.

Article 5

Mobility award

1. Up to twenty-five (25) mobility months will be funded by NOVA to the applications with the highest score attributed by the Evaluation Committee (see articles 6 and 7), in the amount of 2500 euros (two thousand and five hundred euros) per month (including accommodation and living expenses) and up to 500€ (five hundred euros) for travel expenses.

2. The total amount of the Mobility award will be transferred to the grantee's Academic/Research Unit and should be used to cover accommodation and living expenses during the period of the mobility. Travel booking will be arranged by the NOVA Research Office, whereas the accommodation must be booked by the grantee or the support office of the corresponding Academic/Research Unit.
3. Both travel and accommodation arrangements must be made using NOVA's VAT Identification Number. Otherwise, the related expenses will not be considered eligible.
4. The grantee is responsible for verifying with the Academic/Research Unit whether the mobility period is covered by institutional insurance. In the absence of such coverage, the grantee shall consult the Host Institution regarding the availability of insurance. Should no institutional coverage be provided, the grantee is required to secure individual insurance for the entire duration of the mobility.
5. As mentioned in statement 2 of Article 5, the Mobility award will be transferred to the grantee's Academic/Research Unit, which shall be responsible for transferring the monetary award to the grantee. After signing the Mobility Agreement, the total amount of the monetary award will be transferred (prior to the mobility). The following documents shall be submitted, depending on the duration of the mobility, as follows:
 - a) For one to three months' mobilities: the grantee must submit boarding passes, accommodation receipt, mobility report, presentation, itinerary bulletin, and a letter of statement from the Host Institution, confirming that mobility has been accomplished, by two weeks upon return.
 - b) For four to five months' mobilities: the grantee must submit a mid-report after the first three months, and, upon completion of mobility, submit boarding passes, accommodation receipt, final mobility report, presentation, itinerary bulletin and a letter of statement from the Host Institution, confirming that mobility has been accomplished, by two weeks upon return.
6. All requested documents must be submitted to the NOVA Research office via nova.research@unl.pt.
7. Each Academic/Research Unit is responsible for determining, in accordance with its internal regulations, how the monetary award will be paid to the grantee, and for communicating this decision to the grantee.
8. In case of not complying with statements 5 a) and b) of Article 5, the grantee's Academic/Research Unit will return the monetary award to the NOVA Research Office.

Article 6

Other considerations about the Award

1. The Evaluation Committee reserves the right not to award any prize if none of the submitted applications meet the quality requirements or comply with the rules of this Regulation.

Article 7

Evaluation Committee

1. The Evaluation Committee will be made up of three members of NOVA's Rectorate, one being the President, who are working in the areas of internationalization and research & innovation support.
2. The deliberations of the Evaluation Committee are taken by a simple majority of the present members, with the President having only the right to cast a tie-breaking vote, if necessary.
3. The President is responsible for coordinating the work of the Evaluation Committee, as well as ensuring its representation and announcing the winners.
4. The Evaluation Committee will decide on the admissibility of the applications received.
5. Evaluation Committee decisions are not subject to appeal.

Article 8

Assessment

1. Eligible applications are scored from 1 to 5 (highest best) considering the following criteria:
 - a) 30% - Applicant's background and expertise in Health-related research. The evaluation will consider the applicant's research track record, including publications, fellowships, conference participation, skills and experience that are crucial for the success of the proposed project, and innovative and inter/transdisciplinary approaches.
 - b) 70% - Research & Innovation proposal. The evaluation will consider the proposals' clarity and relevance of the research mobility's aims and objectives, taking into account the current state of knowledge, scientific concept, originality, and transdisciplinary approach of the proposal (30%). Additionally, the feasibility of the research plan, methodology, timeline, its alignment with the Host Institution's focus, the anticipated outcomes and contributions to the field will be also considered, as well as the expertise of the Host Institution's supervisor will also be taken into account (40%).
2. Mobilities are awarded to the applications which obtain the sum of the highest scores.

Article 9

Disclosure

NOVA will ensure that all applicants will be informed of their application (funded/not funded) via email no later than 15 working days after the evaluation period has ended.

Article 10

Final dispositions

1. This Regulation is in force until May 31, 2028.
2. The promoters of this initiative and the Evaluation Committee will make every effort to ensure that this initiative meets the highest standards of quality and



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- accuracy, namely regarding the reliability and objectivity of the information and the respective selection, evaluation and awarding process.
3. Personal data involved in the award will be collected and processed in accordance with the General Data Regulation (Regulation (EU) No. 2016/679 of the European Parliament and of the Council, of April 27, 2016).
 4. Applications must not contain technical, scientific, or other information that may be considered confidential from the point of view of intellectual property protection or personal information that may jeopardize the protection of personal data.
 5. This Regulation may be revised when necessary.

Article 11

Doubts and Omissions

Doubts and omissions resulting from the application of this Regulation will be submitted to the Evaluation Committee for consideration.

Lisbon, September 19, 2025.

